

Eligible Patient Criteria

Program

Required Actions

Obesity (BMI >30)
(or associated co-morbidities)

- Pre-diabetes
- Diabetes
- Fatty liver
- PCOS
- High Blood Pressure
- Metabolic Syndrome
- Fatigue
- Hypothyroidism

MHS GP Program

Metabolic health lifestyle intervention program using validated measurement technologies

Patient Bookings
 9523 0523 or online

We accept private & EPC

GPMP & TCA (formerly EPC)

Exercise Physiology (Baldivis)
baldivis@metabolichealthsolutions.org

or

Dietitian (Wembley)
wembley@metabolichealthsolutions.org

**Minimum 3 visits is required for optimal management. Out of pocket fees will apply for this specialist metabolic program.*

Specialist Metabolic and Weight Management Services

Effective weight management with metabolic health

Accurate measurement of metabolic rate fat oxidation

Body composition assessment (fat vs muscle)

Personalised lifestyle program including activity & nutrition

1 to 1 coaching, support and education