

Eligible Patient Criteria

Program

Required Actions

Obesity (BMI >30)
(and associated co-morbidities)

- Pre-diabetes
- Diabetes
- Fatty liver
- PCOS
- Joint Pain
- High Blood Pressure
- Metabolic Syndrome
- Fatigue
- Hypothyroidism

MHS GP Program

Metabolic health lifestyle intervention program using validated measurement technologies

Patient Bookings
9523 0523

We accept private, EPC and Defence Force clients

GPMP & TCA (formerly EPC) for Exercise Physiology to Metabolic Health Solutions

**Minimum 3 visits, metabolic pathology screen required (attached)*

**Out of pocket fees will apply for this specialist metabolic program. Patients receive >40% back with rebates.*

Faxed to MHS - 9501 9284

Specialist Metabolic and Weight Management Services

Accurate measurement of energy needs

Accurate measurement of fat utilisation

Accurate measurements of body composition

Activity & nutrition plans specific to patient metabolism

1 to 1 coaching, support and education