

## Eligible Patient Criteria

**Obesity (BMI >30)**  
(or associated co-morbidities)

GLP1 Prescription  
Pre-diabetes/Diabetes  
Fatty liver  
PCOS  
High Blood Pressure  
Metabolic Syndrome  
Fatigue  
Hypothyroidism

## Program

### MHS GP Program

Metabolic health lifestyle  
intervention program using  
validated measurement  
technologies

**Patient Bookings**  
9523 0523 or online

**We accept private & EPC**

## Required Actions

### GPMP & TCA (formerly EPC)

Baldivis location  
Kirsty Woods  
Exercise Physiology

**Email**  
baldivis@metabolichealthsolutions.org

*Out of pocket fees will apply for  
this specialist metabolic program.*

## Specialist Metabolic and Weight Management Services

Effective weight  
management  
with metabolic  
health

Accurate  
measurement of  
metabolic rate  
fat oxidation

Body  
composition  
assessment  
(fat vs muscle)

Personalised  
lifestyle program  
including activity  
& nutrition

1 to 1  
coaching,  
support and  
education